



THE QUEEN'S COLLEGE MCR
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NEWSLETTER WEEK 5

MICHAELMAS TERM 2015
BY ROSS SPEER, MCR SECRETARY

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1. CHRISTMAS LIGHT FESTIVAL

CHRISTMAS LIGHT FESTIVAL IS TAKING PLACE OVER THE WEEKEND OF 20-22 NOVEMBER AND WE ARE RECRUITING FOR VOLUNTEERS TO HELP WITH THE RUNNING OF OUR ACTIVITIES AND EVENTS. IF YOU ARE INTERESTED IN EVENTS, THE ARTS OR JUST GAINING EXPERIENCE OF WORKING WITH THE PUBLIC THEN CONSIDER VOLUNTEERING FOR THE FESTIVAL. FROM MANNING OUR OFFICIAL INFORMATION POINT TO HELPING ORGANISE AND STEWARD OUR EVENTS TO SUPPORTING THE DELIVERY OF OUR PUBLIC SURVEY - WE JUST MIGHT HAVE THE ROLE FOR YOU!

WE WILL BE HOLDING AN INFORMATION SHARING AND GET TO KNOW YOU MEETING ON WEDNESDAY 11TH NOVEMBER FROM 5.30-6.30PM AT THE TOWN HALL, OXFORD. IF YOU ARE INTERESTED IN WORKING WITH US THEN PLEASE CONTACT CHARLOTTE ON CMACISZONEK@OXFORD.GOV.UK

2. OXFORD STUDENTS REFUGEE CAMPAIGN

THE OXFORD STUDENTS REFUGEE CAMPAIGN IS LOOKING FOR A MCR AND JCR REPRESENTATIVE FROM EACH COLLEGE.

YOUR DUTIES WOULD INVOLVE CAMPAIGNING INSIDE YOU COLLEGE TO PASS THE MOTIONS WE PRESENT AND ORGANISE FUND RAISING EVENTS.

WE WILL ORGANISE TRAINING SESSIONS TO EXPLAIN EXACTLY WHAT OUR STRATEGY IS;



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HOW TO ANSWER SOME COMMA QUESTIONS AND TO ANSWER ANY QUESTIONS YOU MIGHT HAVE.

IF YOU ARE INTERESTED PLEASE E-MAIL OXRCAMPAIGN@GMAIL.COM WITH THE SUBJECT REPRESENTATIVE THAT INCLUDES A SHORT TEXT ABOUT YOU AND WHY YOU WANT TO JOIN (NO MORE THAN 200 WORDS).

FOR FURTHER DETAILS PLEASE LOOK AT OUR HOME PAGE: OXFORDREFUGEECAMPAIGN.ORG (CURRENTLY UNDER CONSTRUCTION) FOLLOW US ON FACEBOOK AT [HTTPS://WWW.FACEBOOK.COM/OXSRC](https://www.facebook.com/OxSRC) AND ON TWITTER AT [HTTPS://TWITTER.COM/OXREFUGEECAM](https://twitter.com/OxREFUGEECAM)

3. OXFORD AFGHANISTAN SOCIETY AND SUFI SOCIETY SOCIAL

OXFORD AFGHANISTAN SOCIETY AND OXFORD SUFI STUDIES SOCIETY ARE TEAMING UP TO HOST THEIR FIRST SOCIAL OF THE YEAR. ALL THOSE INTERESTED IN OR CONNECTED TO SUFISM OR AFGHANISTAN SHOULD COME TO THE LARKIN ROOM, ST JOHN'S COLLEGE FOR 7PM ON THE 12TH OF NOVEMBER FOR GOOD PEOPLE, FOOD, TIMES ETC. LINK BELOW:

[HTTPS://WWW.FACEBOOK.COM/EVENTS/556446587841146](https://www.facebook.com/events/556446587841146)

4. COGNITIVE AND EMOTIONAL FACTORS IN ILLNESS AND HEALTH

WE ARE LOOKING FOR PEOPLE AGED 66-70 TO TAKE PART IN A MIND-BODY RESEARCH STUDY. THE STUDY INVESTIGATES THE ROLE OF NEUROCOGNITIVE AND AFFECTIVE PROCESSES IN HEALTH AND ILLNESS. PARTICIPANTS NEED TO SPEAK ENGLISH FLUENTLY, AND HAVE NO DIAGNOSIS OF ASTHMA OR IRRITABLE BOWEL SYNDROME. YOU WILL BE DOING SOME COMPUTER TASKS AT THE DEPARTMENT OF EXPERIMENTAL PSYCHOLOGY AT OXFORD (TAKES 1.5-2 HOURS) AND COMPLETE AN ONLINE QUESTIONNAIRE (TAKES 45 MINUTES) AT A TIME AND PLACE CONVENIENT TO YOU. YOU WILL BE GIVEN £20 AS A TOKEN OF OUR APPRECIATION. WE WILL BE VERY GRATEFUL FOR YOUR PARTICIPATION.

IF YOU ARE INTERESTED, PLEASE CONTACT JULIA.HENRICH@PSY.OX.AC.UK FOR MORE INFORMATION OR SIGN UP HERE:

[HTTP://LIMESURVEY.MSD.OX.AC.UK/INDEX.PHP/375473/LANG-EN](http://LIMESURVEY.MSD.OX.AC.UK/INDEX.PHP/375473/LANG-EN)

ETHICS APPROVAL REFERENCE: MSD-IDREC-C1-2014-092

5. NUTRITION STUDY



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****RESEARCH STUDY AT OXFORD UNIVERSITY --- LOOKING FOR HEALTHY VOLUNTEERS!****

ARE YOU INTERESTED IN THE EFFECTS OF NUTRITION ON YOUR HEALTH AND WELL-BEING, AND DON'T REGULARLY TAKE DIETARY SUPPLEMENTS?

WE ARE LOOKING FOR HEALTHY VOLUNTEERS AGED 18-55 FOR A STUDY INVESTIGATING THE EFFECTS OF NATURALLY OCCURRING AMINO ACIDS ON THE WAY WE SOLVE PROBLEMS AND PROCESS EMOTIONS.

IF YOU WOULD LIKE TO FIND OUT MORE OR PARTICIPATE IN THE RESEARCH, PLEASE CONTACT:

NUTRITION.STUDY@PSYCH.OX.AC.UK

01865 223 622

UNFORTUNATELY WE ARE UNABLE TO INCLUDE VOLUNTEERS WITH EITHER A CURRENT OR PREVIOUS PSYCHIATRIC OR PSYCHOLOGICAL ILLNESS, WHO ARE TAKING CERTAIN MEDICATIONS OR HAVE CERTAIN ILLNESSES, WHO ARE PREGNANT OR WHO SUFFER FROM DYSLEXIA. PLEASE CONTACT US IF YOU ARE UNSURE AS TO WHETHER OR NOT THE STUDY WOULD BE SUITABLE FOR YOU.

TIME AND EXPENSES WILL BE REIMBURSED.

ETHICS REFERENCE: MS-IDREC-C3-2015-02

6. PINT OF SCIENCE 2016

DO YOU LOVE SCIENCE AND WANT TO SHARE IT WITH THE PUBLIC? DO YOU LIKE A PINT? WANT TO COMBINE THE TWO? WE ARE LOOKING FOR VOLUNTEERS TO HELP US RUN



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PINT OF SCIENCE 2016 EVENTS!

WHAT IS PINT OF SCIENCE? PINT OF SCIENCE IS AN ANNUAL FESTIVAL THAT HAPPENS OVER THREE CONSECUTIVE EVENINGS SIMULTANEOUSLY IN MULTIPLE CITIES AROUND THE GLOBE. RESEARCHERS COME AND EXPLAIN THEIR FINDINGS TO THE PUBLIC IN THE COMFORT OF A PUB!

THE FOUR THEMES FOR THIS YEAR WILL MOST LIKELY BE OUR BODY, TECH ME OUT, ATOMS TO GALAXIES AND PLANET EARTH.

WHEN ARE THE EVENTS? 23 - 25 MAY 2016

HOW CAN YOU GET INVOLVED? WE ARE LOOKING FOR VOLUNTEERS TO HELP RUN THE EVENT AND BECOME EVENT MANAGERS. WE HAVE ALREADY ORGANISED VENUES AND SO YOUR DUTIES WILL INCLUDE FINDING SPEAKERS AND GUIDING THEM THROUGH THE PROCESS; HELPING US TO PROMOTE YOUR PUB TALKS AND FINALLY TO BE A HOST FOR THE NIGHTS.

FOR MORE INFORMATION ON THE TOPICS AND EVENTS PLEASE SEE THE ATTACHED LEAFLET.

IF YOU'D LIKE TO GET INVOLVED OR WANT TO KNOW MORE PLEASE EMAIL MATILDE.STEFANINI@QUEENS.OX.AC.UK

7. GET INVOLVED WITH OXFORD STUDENTS SUPPORTING STREET KIDS!

WE ARE ALWAYS OPEN TO NEW SUPPORT AND WOULD LOVE FOR YOU TO GET INVOLVED IN WHATEVER WAY YOU CAN; WHETHER THAT IS ON A COMMITTEE ROLE, AS A VOLUNTEER AT EVENTS, OR JUST AS A SUPPORTER THAT READS OUR INFORMATION AND OCCASIONALLY ATTENDS!

IT IS A FLEXIBLE COMMITMENT WHICH MEANS THAT YOU CAN MAKE THE MOST OF THE TIME THAT YOU DO HAVE FOR WHAT IS SUCH AN IMPORTANT CAUSE!



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IF YOU WOULD LIKE TO KNOW MORE ABOUT VOLUNTEERING FOR OSSSK PLEASE CONTACT ARJUN AND JENNI AT: SSSKOXFORD@GMAIL.COM

LIKE OUR FACEBOOK PAGE TO KEEP UP-TO-DATE WITH EVENTS: WWW.FACEBOOK.COM/SSSKOXFORD

8. JAILBREAK 2016

36 HOURS TO RACE AWAY FROM OXFORD...WHERE WILL YOU IN END UP?

DUBAI OR DIDCOT? TOKYO OR TORQUAY?

JAILBREAK IS ONE OF RAG'S MOST EXCITING EVENTS AND LAST YEAR PARTICIPANTS RAISED OVER £30,000 FOR CHARITY. NEXT FEBRUARY WE NEED YOUR HELP TO RAISE EVEN MORE! IN THE EARLY HOURS OF SATURDAY 6TH FEBRUARY HUNDREDS OF STUDENTS WILL BREAK FREE FROM THEIR LIBRARY CELLS AND THE SHACKLES OF ESSAY DEADLINES TO FLEE OXFORD. THEY WILL HAVE 36 HOURS TO BEG, BORROW AND BLAG THEIR WAY ACROSS COUNTIES, COUNTRIES AND EVEN CONTINENTS, ALL BEFORE MONDAY MORNING LECTURES.

COME ALONG TO OUR INFORMATION EVENING AT WADHAM COLLEGE ON TUESDAY 10TH NOVEMBER AT 7PM FIND OUT MORE ABOUT JAILBREAK 2016!

LINK TO EVENT:

[HTTPS://WWW.FACEBOOK.COM/EVENTS/499126023589361/](https://www.facebook.com/events/499126023589361/)

9. OXFORD TREKS MACHU PICCHU FOR CHARITY

REGISTRATION DEADLINE: 15 NOVEMBER 2015

ARE YOU LOOKING TO CHECK OFF ONE OF THE WONDERS OF THE WORLD FROM YOUR BUCKET LIST? BY FUNDRAISING £2990 FOR OXFORD RAG'S FOUR CHOSEN CHARITIES,



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THAT ARE DOING AMAZING WORK LOCALLY AND INTERNATIONALLY - YOU WILL GET TO TREK MACHU PICCHU FOR YOURSELF, DISCOVERING THE LOST WORLD OF THE INCAS. THE 6-DAY HIKE THROUGH RAIN FORESTS, PAST GLACIERS AND FINALLY TO MACHU PICCHU WILL TAKE YOUR BREATH AWAY. NOT ONLY WILL THIS EXPERIENCE BE LIKE A SHINING STAR ON YOUR CV FOR POTENTIAL EMPLOYERS, BUT IT WILL BE A TRULY UNFORGETTABLE ADVENTURE.

REGISTER YOURSELF ON THIS ON THIS PAGE. FOR MORE INFORMATION ABOUT THE TRIP, CHECK THESE SLIDES.

IF THE FUNDRAISING TARGET SEEMS DAUNTING, WORRY NOT BECAUSE YOU WILL RECEIVE FUNDRAISING SUPPORT AND GUIDANCE ALL YEAR - ALL YOU NEED TO INVEST IS SOME TIME COMMITMENT AND HAVE A PASSION FOR ADVENTURE, AND THAT TOO FOR A GREAT CAUSE! OUR TRAVEL PROVIDER, 'CHOOSE A CHALLENGE' WILL BE THERE FOR YOU 24 HOURS A DAY DURING YOUR TRIP. BY BOOKING YOUR FLIGHTS WITH THEM, YOU WILL HAVE ADDITIONAL TIME BUILT INTO YOUR TRIP TO EXPLORE! BACKPACKING SOUTH AMERICA, INTO THE AMAZON RAINFOREST, IS A PERFECT CURE FOR ACHING MOUNTAIN LIMBS. THIS COULD BE ONE OF THE BEST ADVENTURES OF YOUR LIFE. WE CAN TAKE NO MORE THAN 20 PEOPLE AND PLACES ARE FILLING UP VERY QUICKLY, SO BE SURE TO APPLY BY THE DEADLINE.

ANY QUESTIONS OR CONCERNS, PLEASE EMAIL MISHAL SAEED AT MISHAL.SAEED@ST-HUGHES.OX.AC.UK - WHO WILL BE WORKING TIRELESSLY AS TEAM LEADER OF THE PROJECT TO MAKE THE EXPERIENCE AS MEMORABLE, SUPPORTIVE, FUN, INTERESTING AND AS ADVENTUROUS AS POSSIBLE. FOLLOW THE JOURNEY ON TWITTER: [HTTPS://TWITTER.COM/OXF_MACHUPICCHU](https://twitter.com/OXF_MACHUPICCHU)