

First Week Newsletter. Michaelmas Term, 2016.

Welcome to the first Monday of term: I hope it goes swimmingly for everyone!

In this week's newsletter: handy info about the opening times of the MCR workspace (the Memorial Room), an opportunity to help your fellow students with Nightline, some rugby, some moustaches, getting paid for having your brain examined, recruitment, and international relations. Something for everybody, I hope!

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1. Memorial Room Closures.

The Memorial Room will be closed at the following times in the next week:

- Monday, 10th Oct (Monday of 1st): 1-8pm.
- Thursday, 13th Oct (Thursday of 1st): 6-7pm.
- Sunday, 16th Oct (Sunday of 2nd): 1-6pm.

Please make sure that you're not working in the Memorial Room at these times!

2. Nightline Recruitment.

Nightline is an independent listening, support, and information service run for students, by students. We aim to provide every student in Oxford with the opportunity to talk to someone in confidence - students can ring us on 01865 270270, Skype us at 'oxfordnightline', or visit our office at 16 Wellington Square. We don't pretend to have all the answers, or try to solve people's problems, but we care about whatever is on your mind and we will listen to whatever you want to talk about without judging or telling you what to do.

Every term we run a training course for people who wish to join our team of volunteers. This teaches the listening and support skills you will need to work for us. Training requires commitment, but is a rewarding and worthwhile experience. It consists of three one-day sessions, either on the Saturdays of 29th October, 5th November, and 12th November or the Sundays of 30th October, 6th November, and 13th November.

If you would like to train to become a Nightline volunteer, please fill out a training form here: <http://oxfordnightline.org/volunteer>

If you would like more information about the training process, or have any questions, please feel free to get in touch with us at training@oxfordnightline.org.

We are also always looking for new volunteers to join our Publicity, Fundraising and Outreach team (PFO). PFO volunteers act as ambassadors for Nightline by talking to students and organising events in their colleges and departments. It is not a large time commitment - you can do as much or as little as you have time for- and there are lots of opportunities to learn valuable skills and play a leading role in informing our publicity strategy. If you've got a flair for publicity or an interest in charity PR, please get in touch at publicity@oxfordnightline.org - we'd love to hear from you!

Thank you!

3. O2 Touch Rugby Tour.

O2 Touch Tour is Coming to Oxford

Give Touch Rugby a Try!

O2 Touch is hitting the road again with England Rugby captain Dylan Hartley and they're coming to Oxford on Thursday 13th October to bring a fun-packed day of fitness and music to the University of Oxford.

With more than 17,500 people playing O2 Touch around the country, this autumn we're giving students across the country the chance try out the game that everyone's talking about.

Here's how you can get involved...

Never played O2 Touch before, or even picked up a rugby ball? Come along anyway! With our O2 Touch Taster sessions you can try the game out and learn the basics at your own pace.

Head over to the Iffley Astro turf, sign up, and play!

Got some mates in mind and want to get competitive?

Get together and enter the O2 Touch Tournament. Drop Joe Winpenny an email to register your team on joe.winpenny@sport.ox.ac.uk. You'll need squads of 10 (or more!), with at least 2 females on the pitch at all times. You'll be playing on the Iffley Road pitch, so boot up accordingly!

What else is going on?

There'll be DJs, food and drink, entertainment on stage and prizes on offer.

And best of all? It's completely free!

Drop Joe Winpenny (joe.winpenny@sport.ox.ac.uk) an email to sign up either as an individual or as a team, or simply turn up and register on the day.

For more information, drop [Christina Haddad](#) or [Joe Winpenny](#) a message on facebook.

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OURFC
Jackdaw Lane
Oxford
OX4 1SR

Make sure you're following [OURFC Blues](#) Instagram for news, updates, and competitions:

@ourfc_blues

Please find below the link to the facebook event <https://www.facebook.com/events/187750288319360/>

Yours in Dark Blue,

Joe Winpenny
Rugby Development Officer
Oxford University Rugby Football Club

DDI: 01865 432001
Mobile: 07739 710055
Email: joe.winpenny@sport.ox.ac.uk

4. Movember 2016.

Hi there,

My name's Ronnie I am contacting you from the Movember Foundation, the men's health charity. I am getting in touch to let you know a little bit about who we are, the great causes we fund and how you can get your school involved with Movember this year.

To give you some background; this Movember, the month formerly known as 'November', we're raising awareness of the current crisis in men's health. Too many men are dying too young; globally on average six years younger than women, for reasons that are largely preventable. Prostate cancer, the second biggest cancer affecting men, is set to double in the next 15 years. Testicular cancer rates have already doubled in the last 50. Three quarters of suicides are men. Poor mental health leads to half a million men taking their own life every year. That's one every minute.

We fund ground-breaking global programmes to improve treatment and support. We also work to reduce mental health stigma encouraging men to open up about the big stuff in life. This applies to all ages – we want boys to feel at ease speaking up about issues they are going through.

This year you can raise money for Movember in three ways: Grow a moustache, Move by setting yourself a physical challenge or Host an event. Move and Host work really well within schools -

Move can be anything from a physical daily challenge, like an exercise circuit in class every morning, to a big event like a football tournament or Mo'lympics. Host can be anything from a cinema night to a quiz! And events like a Big Canteen Dinner or a schoolwide car boot sale engages parents and the local community as well. There is a lot of scope here to do some really fun activities with the kids.

We have a number of really great educational resources for schools including a Mo'fti Day one pager (Movember's take on a Mufti Day) on how to get stuck in, and a Movember lesson plan that incorporates essential information on our main cause areas as well as videos, quiz's and group tasks. These can all be found by following this link: <https://movember.box.com/v/educationalresources>

I hope this gives you some insight into who we are and why it's a great cause to get involved with. We have a large number of students who take part every year and find it a really creative and fun way to engage in these wider issues.

Please get back to me if you want to get on board for Movember 2016, either by email or call us on 020 7952 2060. I'll be happy to chat through any questions you may have and help you out on next

steps. It would be amazing to have you on board for this year's campaign!

Thanks very much for your time and I hope to hear from you soon.

Best wishes,
Ronnie

5. Paid Psychology Study.

Psychology study

Speed and accuracy in pairs

We are looking to recruit participants for our research study on how working with other people effects performance, compared to working alone.

The study involves completing a computer task that assesses your speed and accuracy. It takes under 30 minutes for which you will be paid £5, and you will get a chance to win a chocolate bar.

You must be at least 16 years of age and fluent in English.

If you would like to participate in this study or have any questions, please respond to luka.katic@psy.ox.ac.uk

Testing takes place at the Department of Experimental Psychology, University of Oxford (9 South Parks Road, Oxford OX1 3UD).

Thank you!

6. BCG Recruiting Events.

The Boston Consulting Group (BCG) at Oxford, October 2016

If you're thinking about the options available to you for the next stage of your career – come meet us this October to find out about consulting, and what it's like to work at BCG. We're running a number of events on campus, ranging from coffee chats, to tailored presentations, to case study prep sessions. We look forward to seeing you there!

Consulting for Arts presentation: 17th October, 7pm, Saskatchewan Room, Exeter College
A session aimed specifically at Arts students. Dispel myths around consulting, and find out what working at BCG is really like.

Consulting for Sciences presentation: 17th October, 7pm, T. S. Elliot lecture theatre, Merton College
A session aimed specifically at Scientists students. Dispel myths around consulting, and find out what working at BCG is really like.

Case study session: 18th October, 4-8pm (2 slots), Nash Room, Worcester College
Our 'Case Study Session' event will give you the chance to get up close and find out what it's like on a real project at BCG. It's also a great way to meet current BCG employees and to prepare for case interviews.

Brexit speaker event: 24th October, 7pm, Linbury Room, Worcester College

In this talk we will be discussing the reasons the United Kingdom voted to leave the EU, potential exit scenarios (e.g. access to the single market, free movement of people, ...), and the impact that Brexit may have on the economy and how that differs by industry. We will also provide a brief introduction to BCG and our recruitment process.

Case study 101 session: 25th October, 4-8pm (2 slots), Linbury Room, Worcester College

No business or case study experience required, as the session is tailored for students with no or little experience of "case studies".

Coffee chats: 25th October, 3-6pm, Turl Street Kitchen, Turl Street

Book a smaller session with a BCGer to ask any questions about consulting / BCG, or get advice on your CV and cover letter, in a relaxed and friendly atmosphere over a cup of coffee!

For sign-ups and details of further events, see our Oxford Campus page:

<http://www.bcg.com/careers/join/on-campus/oxford.aspx>

About BCG

BCG is a global management consulting firm and the world's leading advisor on business strategy. We partner with clients from the private, public, and not-for-profit sectors in all regions to identify their highest-value opportunities, address their most critical challenges, and transform their enterprises.

7. Oxford International Relations Society.

1. The Oxford International Relations Society is excited to announce its first event of term:

Welcome Cocktails!

Wednesday of 1st Week (12th October)

Christ Church JCR

Join us in Christ Church JCR for unlimited drinks and the opportunity to buy probably the cheapest life membership of any Oxford society for as little as £7!

The Oxford International Relations Society is Oxford's 2nd largest society and we host high-profile speakers including the former British Ambassador to Iran, ex-Pakistani President and the Editor-in-Chief of the Economist. Come to our drinks event to find out more about why we're known for leading the international affairs debate in Oxford and beyond...

<http://www.oxirsoc.com/term-card/>

<https://www.facebook.com/events/362530140803634/>

2. We are also now calling for submissions to our journal The Lighthouse

Formerly known as Sir, Lighthouse is launched as the new title for IRSoc's journal! Right now we are accepting pitches (a paragraph / abstract describing your article idea) for Lighthouse's Michaelmas 2016 issue. Send us your pitch and a writing sample to irsoclightouseeditors@gmail.com by October 16th.

Our symposium this year will be a collection of articles based on the theme of The Arts and IR.

Art and creative expression has long been used as a key means of state power and political projection – consider the importance of Soviet art and architecture. However, art has also been used as a means of communicating dissent and resistance against top-down authority. We want to know about how exciting artistic projects across the world are bringing big change to their communities and promoting

a better future for our world. How is a theatre project in Jordan bringing refugees together? How is a street art project in South America inspiring a new generation? Or how is a new fashion label in Liberia is empowering women economically?

If you think you have a great idea, send us a paragraph outlining your article idea and a writing/ art sample to irsoclighthouseeditors@gmail.com by October 16th.

We're not just looking for written pieces, but also artwork and creative design!

Artwork

Articles

Photo essays

Interviews

Cartoons

Note: Final written pieces are usually 800-1,500 words in length.

Please refer to our Facebook page for more information:

<https://www.facebook.com/events/1848750225337489/>